



First Ebola case diagnosed in U.S.

Health officials say patient who had travelled from Liberia is now being treated in Dallas





BACK HOME

Single father Phillip
Hulmes stands next to his
six-year-old daughter's
wheelchair. Edmonton
police returned the chair
on Tuesday, after it was
stolen along with Hulmes'
van and other medical
equipment on Saturday.
Read more on page 4.
LEAH HOLOIDAY/METRO



City looking to expand 311 app

New services. Drainage issues, snow problems to be added soon



RYAN
TUMILTY

With the snow about to fall, the city is hoping residents will be able to report problems with just a swipe.

Within the next few weeks, the city hopes to add more options to the 311 app, including the ability to report issues with sidewalk clearing or the city's snow service on roads.

The city launched the app officially on July 14 and has seen 8,700 users download it, who have in turn used it to report 2,100 problems so far.

Maria Schrijvers, director of 311, said the initial uptake has beat their expectations, but they want to add more features to bring more people on board.

"It has surpassed our expectations," she said. "Our goal is to continue to make services easy and convenient to access."

Schrijvers said call volumes to the service still average about 190,000 a month, but that is part of the reason they are looking to expand the services that can be reported via the app.

"The app doesn't offer the same range of services you would get via the telephone," she said.

She said in talking with other municipalities who have brought an app online they've found that call volumes don't drop dramatically, but she said that isn't really the point.

"In speaking to other municipalities they haven't seen the volume go down per se, but they're finding ways to engage citizens," she said.

Schrijvers said in addition to snow, they would also like to add damaged bus shelters and plugged catch basins as items people could report. Currently, the system is limited to graffiti, litter and potholes.

Even with those limitations, Schrijvers said people have found ways to report other issues, noting in one case a re-

Bringing problems to light

"It likely will never reduce call volume, but what it will do is increase the people who report issues."

Coun. Andrew Knack

port that came in as litter was actually a downed street sign.

"That is an example of how they are using the app to report issues creatively," she said.

In addition to adding new services, Schrijvers said they also hope the app can facilitate more two-way conversations than it currently does.

Coun. Andrew Knack said he's glad to hear the app's abilities will be expanding.

"It needs to be expanded so it can be the same as if you put in a call," he said.

He said he isn't concerned that call volumes haven't dropped, because the real goal is to allow the city to solve more problems.

Introducing

An All Inclusive Office Space Solution



Offering services to fit any budget www.atlasbiz.ca



OFFERING NATIONAL &
INTERNATIONAL TRAVEL VACCINES

Preparing you for a safe & healthy journey. Great service . . . Knowledgeable Staff





Phone 780.465.5150

Two locations in Edmonton to serve you better: South East: Suite 104, 7633-50 Street | Westend: 14712 Stony Plain Road

Straight from the seahorse's mouth:

**Bundle and save \$100 on any new smartphone.



Bundle your mobile with Optik TV™ and Internet to:











■ Save an additional \$5/month on your mobile rate plant

Call **310-2121**, go to **telus.com/deals** or visit your **TELUS store**.



TELUS STORES

Downtown

Edmonton City Centre 9915 108A Ave. NW 11315 104th Ave.

North

Kingsway Garden Mall Londonderry Mall Northgate Centre 9410 137th Ave. NW 9624 165th Ave.

South

Bonnie Doon Mall
Millwoods Town Centre
Southgate Centre
1916 99th St.
1934 38th Ave. NW
5912 104th St.
6172 50th St. NW
9518 Ellerslie Rd. SW
10309 34th Ave.
10642 82nd Ave. NW

West End

West Edmonton Mall 9935 170th St. 10429 178th St. NW 12714 137th Ave. NW 14220 Yellowhead Trail 14903 118th Ave. NW

Fort Saskatchewan

8701 94th St. 9914 103rd St.

Leduc

5311 Discovery Way 5906 50th St.

Morinville

9918 100th St.

Sherwood Park

971 Ordze Rd. 975 Broadmoor Blvd. 2020 Sherwood Dr.

Spruce Grove

Westland Market Mall 96 Campsite Rd. 141 Century Crossing

St. Albert

St. Albert Centre 20 Muir Dr.

Stony Plain

82 Boulder Blvc

FIVE THINGS YOU NEED TO KNOW TODAY

CATHOLIC BOARD SEES MORE KIDS

Edmonton Catholic Schools saw a jump of 1,487 students over last year, according to numbers up to Sept. 30. A breakdown of elementary, junior and senior high students is expected next week.

L.A.-BOUND

Travellers have a new option when heading south, as American Airlines will officially launch its inaugural flight from Edmonton to Los Angeles Thursday. The flight will leave at about 7:25 a.m.

PLASTIC NOT **SO FANTASTIC**

California has become the first U.S. state to ban singleuse plastic bags. A new bill preserves more than 100 local plastic-bag bans.

TORCH ROUTE

The torch relay route for the Toronto 2015 Pan Am Games is set to be revealed today with the help of ex-astronaut Chris Hadfield and Olympians Simon Whitfield and Catriona Le May Doan.

COMING SOON

Online streaming firm Netflix has reached an agreement with the Weinstein Company to make the new Crouching Tiger, Hidden Dragon sequel available online as it debuts at IMAX cinemas.

Council looks to clear the way for downtown pedestrians

Construction hoardings.

Developers are blocking sidewalks as Edmonton continues to build up



TUMILTY ilty@metronews.ca

The city is hoping to work with developers so that the cranes towering over streets don't have to close sidewalks down below.

Councillors passed a motion at Tuesday's executive committee meeting, asking administration to work with affected communities and developers on ways to make construction hoardings more attractive, as well as ensuring there is little infringement on area side-

Coun. Scott McKeen said there's no reason the city can't demand a little more on this front.

"We can be pickier, we can be more demanding, be-

- · Hoardings are used to allow developers to build right up to the property line, which the city encourages in downtown Edmonton.
- When a hoarding covers a roadway or sidewalk, the city charges a monthly rent while it is up.

cause ultimately it's going to be better for everybody if we can create great streets that are dynamic and vibrant, even during construction," he said.

Chris Buyze, with the Downtown Edmonton Community League, said it has been frustrating for residents to see sidewalks barricaded off and they want to get ahead of the problem.

"We think there will be more of this type of thing happening in the downtown," he said.

Jim Taylor, with the

Downtown Business Association, said construction hoarding has long been a concern for local businesses, but it's an unfortunate part of life.

"Construction has to happen, but what really has to happen is there has to be really good communication," he said.

Taylor said develop-ers should work first and foremost to make sure the hoardings keep sidewalks open, but that shouldn't be the only consideration.

"That has to be the first consideration for the city and the developers, but right next to that has to be the esthetics," he said.

Scott Mackie, the city's general manager of current planning, said the city does charge when a developer blocks a sidewalk and they could make changes to the rules.

"It's not about being punitive. It isn't about creating barriers, because all of the construction is great for the city," he said.



he city is hoping that by working with develo hoarding more attractive and ensure access is not cut off for pedestrians.

Your drive has arrived.

THE ALL-NEW 2015 C 300 4MATIC^{TI}

Intelligent Drive: Class leading advanced driver aids
AGILITY SELECT: Adjust your car's character with five driving modes from comfort to sport perfor Touchpad: Interact with a world of entertainment & functionality through gesture control
Standard 4MATICITY Permanent All-Wheel Drive
Choose from the C 300°2 41th Tutbocharged 41 or the C400°s 329th pi-turbo V6



The David Morris Difference:

David Morris Fine Cars, 17407-111 Avenue, 780-484-9000, davidmorrisfinecars.com





© 2014 Mercedes-Benz Canada Inc. 2015 C-Class 400 4MATICTM with Sport Package shown above, Total Price \$56,840. Base model of the 2015 C 300 4MATICTM MSRP starting at \$43,000. 1**Total Price of \$45,640 includes freight/PDI of up to \$1,995, dealer admin fee of \$495, air-conditioning levy of \$100, EHF tires of up to \$16, AMVIC fee of \$6.25, PPSA up to \$27.80, taxes extra. Offers may change without notice and cannot be combined with any other offers. See your authorized Mercedes-Benz dealer for details or call the Mercedes-Benz Customer Relations Centre at 1-800-387-0100.

metronews.ca Wednesday, October 1, 2014 metr⊕ **NEWS**

Education. Minister to pitch for starter school funding before budget

Alberta's new education minister hopes to pitch for more starter-school funding before the province's next budget — a move that could ease Edmonton's public school

While Education Minister Gordon Dirks said he doesn't have an exact date for the new school announcements, he said the government's priority is to address the province's booming population growth.
"We have a very, very signifi-

cant infrastructure deficit that needs immediate attention," he said Tuesday, a little more than a week after green-lighting a \$31-million investment in four starter schools for Calgary's public board.

"We want to get those young kids off the buses, into the schools in local communities so they can walk to school or have a much shorter bus ride to their local school.'

The Calgary starter schools will be modular-based and turned into more permanent structures as the community



EPSB managing director Lorne Parker said the district is very interested in hearing new school announcements, specifically for starter schools.

"We have been in contact with the province," said Parker. "We're certainly interested in the model that is being considered, which would be that starter schools would become phase one of a permanent construction." LEAH HOLOIDAY/METRO WITH FILES FROM JEREMY NOLAIS/METRO

Stony Plain

RCMP push hunting safety

A bullet lodged in the front door of a local home has prompted Stony Plain RCMP to warn hunters to be a little more careful with their weapons.

Officers were called to the home after the owner found a small-calibre shell lodged in the door. Alberta regulations stipulate that hunters should not discharge their weapons within 200 yards of an occupied dwelling. METRO

Negligence

Woman gets 90 davs after baby drowns in homebrew

A woman in northern Alberta has been sentenced to 90 days in jail after her baby girl toppled into a batch of homebrew and drowned.

Viola Ribbonleg, 33, pleaded guilty earlier this year to criminal negligence causing death for failing to provide adequate care for 10-month-old Lexi.

THE CANADIAN PRESS



Stolen wheelchair returned to girl, 6

Rare genetic disorder.

Wheelchair, stolen van recovered, but mobility walker still missing



LEAH HOLOIDAY

Four days after Phillip Hulmes' van was stolen, the Edmonton father said Tuesday he can finally relax.

The vehicle, which police returned to Hulmes, was stolen from in front of his

house Saturday and held two very important lifelines for Hulmes' six-year-old daughter: her wheelchair and mobility walker.

Hulmes said his daughter Shaleigh suffers from an extremely rare genetic disorder and is not able to verbally communicate or walk. She depends solely on her wheelchair or her father to get around.

"I had to start thinking about how I was going to get Shaleigh to school Monday and how she was going to get through her day-to-day living

without that equipment," he said after the van disappeared.

While the theft was reported on the weekend, EPS Staff Sgt. Paul Looker said officers from Edmonton's downtown division took extra measures Monday night to locate the stolen vehicle.

"The officers came on at 5 p.m. and ... were allocated to look for this vehicle and other officers in their downtime also were aware of the vehicle," Looker said Tuesday.

The van was discovered in Save-On Food parking lot with the wheelchair inside.

"We understand, we're all family, we all have kids. We understand the needs of kids, particularly those who have special needs," Looker added.

While some of Hulmes' tools and the mobility walker are still missing, the single father said what really matters has been accounted for.

Investigation ongoing

EPS is still investigating the theft and don't have any suspects at this time.

More than a job. Think career. Think ownership.

Switching Conductors & Operators - Edmonton

Primary responsibilities:

- perform vard switching in a safe and efficient manner
- build trains according to instructions and requirements
- switch and inspect railcars and perform minor repair/maintenance to locomotives

Qualifications:

- team players with experience in a rail or safety critical environment
- criminal background check and medical/drug testing required to work on site
- good reading, technology and computer skills and physically fit for the job

Full time permanent positions. 12 hour shifts on a rotating schedule

Cando Rail Services is a dynamic, employee-owned company that provides railway support services to industry

For more details on this and other postings, visit candoltd.com/careers

To submit a resume: F: 780-424-4848

E: john.quirk@candoltd.com





YOGA TEACHER TRAINING

OCTOBER 24, 2014 - MAY 24, 2015

Learn the skills to deepen your practice and become a confident yoga teacher!

- \$2900 regular tuition
- 200 Hours / Weekend Format
- Yoga Alliance Approved



Contact Cassie at 780.434.7531 • Email: info@thejoyofyoga.ca





UP TO 0/0

FOR % CASH BACK **MONTHS**

Get up to 5% in cash back on select models.

Cash back applied to reduce purchase price.0

YOU DO THE MATH!



ELANTRA (HWY: 6,71/100 KM

PURCHASE



2014 Accent "Highest Ranked Small Car in Initial Quality in the U.S.4

WHEN EQUIPPED WITH FORWARD COLLISION WARNING. For more information visit www.iihs.org





2014 ACCENT 5DR

IN 5% CASH BACK

5-year/100,000 km Emission Warranty



THE ALL-NEW 2015 SONATA

+ \$1,825



2014 SANTA FE SPORT

НҮППОНІ

HOCKEY

HELPERS

+ \$2,045 IN 5% CASH BACK PRICE ADJUSTMENTS^O



5 YEAR

WARRANTY



HELP GET A KID IN THE GAME!

Hyundai Hockey Helpers is dedicated to helping deserving kids get into the game every year by providing grants for league registration fees and equipment. Across Canada, we've helped thousands of kids get in the game. With your involvement, we can help even more deserving kids play organized hockey. Visit your local Hyundai dealer in October to help get a kid into the game.

DONATE TODAY AND LEARN MORE AT HYUNDAIHOCKEY.CA

HYUNDAI | NEW THINKING. HyundaiCanada.com



®The Hyundai names, logos, product names, feature names, images and slogans are trademarks owned by Hyundai Auto Canada Corp. 1Finance offers available O.A.C. from Hyundai Financial Services based on a new 2015 Elantra 2.0 Limited/2014 Accent 5 Door GLS Auto/2015 Sonata 2.0T Ultimate/2014 Santa Fe Sport Limited AWD with an annual finance rate of 0% for 84/84/60/60 months. Bi-weekly payments are \$143/\$109/\$268/\$300. \$0 down payment required. Cost of Borrowing is \$0. Finance offers include Delivery and Destination of \$1,595/\$1,595/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,995/\$1,695/\$1,9

metronews.ca Wednesday, October 1, 2014

New infrastructure

EPSB to consult with four schools in Highlands area

City public-school planners are heading back to an Edmonton community to talk new infrastructure after receiving mixed reactions from parents on plans to build a megaschool earlier this year.

The EPSB had considered building a new school for the

Highlands community but ended up choosing Rundle Heights instead.

Now planners will head back to Highlands, Mount Royal, Montrose and Virginia Park schools this month to discuss possible projects for the mature neighbourhood.

"We heard lots of concern over the current state of infrastructure in the Highlands area," said Lorne Parker, EPSB managing director. "(Community members) very clearly told us while they didn't support the replacement school going into Highlands this round, they were very open to having conversation with us."

The consultations will focus on what type of infrastructure the community wants, such as a replacement school or modernizations, which will be included in the upcoming capital plan.

In addition to the consultations, EPSB plans on having a steering committee, which will include principals from the four schools and East Glen High School, along with parent and community league representatives.

Mount Royal parent Dave Zylstra is hoping for an open and honest process, saying something needs to be done to address the province's infrastructure backlog.

"If we could afford to build these schools in the '60s when we were a poor province, there is no reason why we can't fix them up ... when we're a rich oil province," Zylstra said. LEAH HOLDIDAY/METRO



Skeleton of steel taking shape at the new arena

Expect disruption.

Next phase will see the Wintergarden span 104th Avenue



While the crossbars are still years away, steel of a different kind is starting to go up at Edmonton's new downtown arena.

City officials, the Oilers and PCL Construction gave an update on the project Tuesday, highlighting the building's slow rise from its site on 104th Avenue.

"It sends shivers up my spine. My office overlooks the site, and I was watching as the first steel beam went up the other day," said Bob Black, vice-president with the Oilers, who added that he's pleased the project is on schedule.

Enough steel will go into the new building to stretch from Edmonton to Red Deer, with pieces ranging from three inches to 85 feet long.

Mike Staines with PCL

Act of creation

"We can now see the outer walls taking shape, you can begin to see what the arena form will look like, and to see the arena going vertical is tremendous."

Bob Black, Oilers vice-president

Construction said the steel erection is a complex process, but PCL has the expertise to do it

"We don't want to undersell their achievement, it's a significant project for us, but we have the best in their field performing the work," he said.

He said the steel structure will be completed over the next year, which will include the bridging of 104th Avenue for the Wintergarden. He said that would likely take place later this year, and they are aiming for it to cause as little inconvenience as possible.

"We will be looking at offhours and weekends but we still have to figure out when exactly that will take place," he said.



IMPORTANT CUSTOMER INFORMATION: No price adjustments on previous purchases. No rain checks. While quantities last. Selection varies by store. Home Outfitters reserves the right to limit quantities. **Im 8.4.2 H14** All references to regular price are to Home Outfitters' regular price product and does not include already reduced, clearance, Smart Buys, signature deals and items with .95 & .98 price endings unless otherwise specified. All prices in effect 'Valid Wednesday, Oct. 1st- Sunday, Oct. 5th, 2014, unless otherwise specified.



Magnotta jurors shown photos, bizarre notes referencing PM

Jun Lin murder trial.

PM Stephen Harper and his wife Laureen named by accused in exhibits seen in court

A bizarre note naming Prime Minister Stephen Harper and his wife Laureen was part of the evidence viewed by jurors at Luka Rocco Magnotta's first-degree murder trial Tuesday.

The jury took a closer look at photos showing the contents of four parcels that were mailed to political offices in Ottawa and schools in Vancouver.

One of them contained a neatly written note on pink paper that included an obscenity and read: "Stephen Harper and Lauren Teskey will know who this is. They f—ked up big time." Teskey



is Harper's maiden name.

Magnotta, 32, faces a first-degree murder charge in the May 2012 slaying and dismemberment of Chinese student Jun Lin. He is also charged with criminally harassing Harper and other members of Parlia-

ment, mailing obscene and indecent material, committing an indignity to a body and publishing obscene material.

Magnotta pleaded not guilty on Monday to all five charges. He has admitted to the crimes, but his lawyer has indicated he will mount a defence of mental disorder.

On Tuesday, the jurors were able to view photos taken in 2012 by three Montreal police crime-scene technicians. One officer's photos showed the parcels that were mailed to Ottawa and

The apartment

Another officer's photographs took jurors inside the Montreal apartment where Lin's slaying is alleged to have occurred.

 It was largely empty of contents, but there were red stains and marks, in particular in the refrigerator and on a mattress.

Vancouver.

One box had a heart drawn in black marker at the bottom, while another contained dark stains. Among the items recovered from the boxes were pink tissue paper, gift bags and four handwritten notes, including at least one bearing the name of "Lauren Teskey," clearly referring to the prime minister's wife.

Missing teen

Calls made for independent probe of police

The Assembly of First Nations wants an independent review of how police handled the disappearance of a teen whose body was pulled from a river. Winnipeg police are conducting an investigation after discovering officers came across Tina Fontaine after she'd been reported missing, but didn't take her into custody.

Animal rights

Tories say no to RCMP's move to shed its fur hats

The Conservative government says it is overturning an RCMP decision to doff their muskrat hats in favour of animal-friendly tuques.

Environment Minister Leona Aglukkaq says the public safety minister is directing the RCMP to reverse the move. THE CANADIAN PRESS



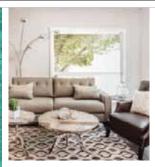














WHYTE AVE



MODERN SUITES, NOW RENTING

1 & 2 BEDROOM, WITH 9 OR 16-FOOT CEILINGS

Live, work and play in the heart of your favourite neighbourhood. This brand new apartment complex comes complete with laminate hardwood, walnut cabinetry, high ceilings, in-suite laundry, air conditioning, quartz countertops, four appliances, underground parking, and a fitness facility.



THESTATIONONWHYTE.CA 780-665-1727

MANAGED BY VERTICA RESIDENT SERVICES

metr

08 NEWS

metronews.ca
Wednesday, October 1, 2014

Officials confirm first case of Ebola diagnosed in U.S.

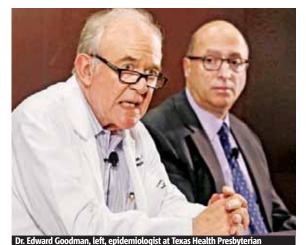
Dallas. Patient is in isolation at Texas Health Presbyterian Hospital

A patient at a Dallas hospital has tested positive for Ebola, the first case of the disease to be diagnosed in the United States, federal health officials announced Tuesday.

The patient was in isolation at Texas Health Presbyterian Hospital, which had announced a day earlier that the person's symptoms and recent travel patterns indicated a possible case of Ebola.

The person, an adult who was not publicly identified, developed symptoms days after returning to Texas from Liberia and showed no symptoms on the plane, according to the Centers for Disease Control and Prevention.

CDC Director Dr. Tom Frieden said the patient came to the U.S. to visit family and



Hospital Dallas, speaks as Dr. Mark Lester, Southeast Zone clinical leader for Texas Health Resources, looks on during a news conference on Tuesday about an Ebola-infected patient they are caring for in Dallas. LM OTERO/THE ASSOCIATED PRESS has been hospitalized since the were tested by a state lab and

has been hospitalized since the weekend. State health officials said no other cases are suspected in Texas.

Specimens from the patient

ment of State Health Services.

Zachary Thompson, director of Dallas County Health & Human Services, said health officials in North Texas are well equipped to care for the patient.

Four American aid workers who became infected while volunteering in West Africa have been treated in special isolation facilities, and a U.S. doctor exposed to the virus in Sierra Leone is under observation in a similar facility at the National Institutes of Health. The U.S. has only four such isolation units, but the CDC has insisted that any hospital can safely care for someone with Ebola.

Health officials use two primary guidelines when deciding whether to test a person for the virus — whether that person has travelled to West Africa and whether they have been near other people who have been exposed, said Centers for Disease Control and Prevention spokesman Jason McDonald.

THE ASSOCIATED PRESS

Nova Scotia. Men's rugby at Dalhousie suspended over hazing allegations

A Nova Scotia university that saw its women's hockey team sidelined last year over complaints of heavy drinking and humiliating behaviour has suspended its men's rugby club while it investigates fresh allegations of hazing.

A spokesman with Dalhousie University in Halifax said that the school began looking into the matter after receiving a formal complaint from a university employee sometime within the last two weeks.

Brian Leadbetter wouldn't provide any details about the nature of the complaint, who filed it, where the incident occurred or who was involved, but he said it was serious enough to warrant a suspension of the team's privileges.

"We do not tolerate behaviour that humiliates, disrespects or threatens anyone in the campus community ... and that's why we're moving ahead with this investigation," he said. THE CANADIAN PRESS

Player suspended

McGill football coach resigns

The head coach of the McGill Redmen football team has stepped down in protest of the university's decision to suspend a player charged in an alleged case of domestic violence.

Clint Uttley resigned from his post on Tuesday. A resig-

nation letter attributed to Uttley said the coach objected to McGill's decision to suspend Luis-Andres Guimont-Mota after his arrest last week.

He said that he believes in giving people a second chance, noting that McGill did not object to the player's presence on the team when he was sentenced to 90 days in jail last year after pleading guilty to assaulting a man.

THE CANADIAN PRESS

Hundreds of Quality Used Vehicles

- Compact to full size
- Cube vans, flatdecks
- Pick-ups & 4X4s, 1 and 5 ton trucks
- 7 & 15 Passenger vans, SUVs

www.drivingforce.ca

Call today for

- Pre-Approval
- · Financing
- Commercial Financing

confirmed by a separate test by

the Centers for Disease Control,

said Carrie Williams, spokes-

woman for the Texas Depart-

Edmonton West 11025 - 184 Street

587•800•0554

Edmonton South 9503 - 34 Avenue 587•801•0364



Locations coast-to-coast-to-coast

AMVIC Licensed

www.drivingforce.ca



Vehicle Rentals Sales Leasing

IN THE LIGHT OF TRUTH THE GRAIL MESSAGE

"....I wish to fill the gaps which have so far always remained unanswered in the souls of men as burning questions, and which never leave any serious thinker in peace, if he honestly seeks for the Truth." -ABD-RU-SHIN

PUBLIC LECTURE

TOPIC: MASTER OF YOUR DESTINY

SPEAKER: MRS. CECILIA DULE -TORONTO

DATE: OCTOBER 11, 2014 **VENUE**: Edmonton Room

Edmonton Public Library 7 Sir Winston Churchill Square Edmonton, AB. T5J 2V4

TIME: Gate opens: 12 noon lecture starts: 1.00pm

- Parking available @ library parkade (first 3hrs for \$1 till 5.00 PM) on Saturday.
- Attendance is free.

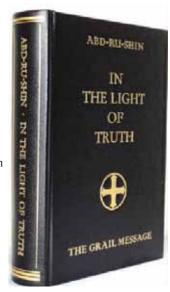
 $\textbf{Email:} \ in fo@alexander-bernhardt-$

canada.com

Website: www.alexander-bernhardt-

canada.com

Ph: Paul 780 244 4033, Aisha 780 691 7278, Angel 780 233 0049



CLINIQUE Gift – Final Days

FREE: Receive a 7-piece gift, featuring new Chubby Stick Baby Tint, plus bestselling skin care and makeup, with any CLINIQUE purchase of \$31 or more. An \$85 value. Ends October 4, 2014. Only here.



GIFT INCLUDES:

- Moisture Surge Extended Thirst Relief cream-gel, 15 mL
- Dramatically Different Moisturizing Lotion+, 30 mL
- Rinse-Off Eye Makeup Solvent, 60 mL
- High Impact Mascara in black
- Choose your shades: Colour Compact and Chubby Stick Baby Tint Moisturizing Lip Colour Balm
- Cosmetics bag



MAY WE SUGGEST:

New CLINIQUE

Smart Custom-Repair Serum. A serum that understands your skin by repairing past damage while protecting it for the future. 30 mL, \$69; 50 mL, **\$99** 020714698911

HUDSON'S BAY









metronews.ca Wednesday, October 1, 2014

UBC's ISIS Research Centre to change name

Negative association.

ISIS, or the Islamic State of Iraq and al-Sham, is a terrorist group



A University of British Columbia research centre has become an unexpected victim of the terrorist group known as the Islamic State of

Iraq and al-Sham, or ISIS.

The university's ISIS Research Centre is changing its name to distance its brand and avoid confusion with the high-profile terrorist group responsible for the recent deaths of two American journalists and widespread violence in Syria and Iraq.

Joanna Buczkowska-Mc-Cumber, director of social innovation at the soon-tobe-formerly-named ISIS Research Centre, said staff decided to look into a name change after media coverage of the terrorist group intensified in recent weeks.

"They have such a negative association, we felt that this was the time to change the name," she told Metro. "We take our brand seriously and the work we do, so we don't really want to be associated with that kind of name and being poked fun at, as well."

The centre isn't the first entity to be forced to change its name because of its nownegative association with the terrorist group. A Calgary jewelry shop named Isis recently changed its name, along with a U.K. private equity firm and an educational initiative at a Texas University.

UBC's ISIS Řesearch Centre was originally named in 2010 after the Egyptian deity Isis, who is the goddess of fertility and a steward to the poor, said Buczkowska-McCumber.

The name was written in capital letters for style reasons, she said.

"We wanted the name to

Quoted

"We take our brand seriously and the work we do, so we don't really want to be associated with that kind of name and being poked fun at, as well."

Joanna Buczkowska-McCumber, director of social innovation at the soon-to-be-formerly-named ISIS Research Centre

really be meaningful in the sense that what we do is really focused on innovation with a social and environmental impact using business tools," she said.

Buczkowska-McCumber

said the research centre is fast-tracking the process to adopt a new name.

The centre hopes to launch within the next couple of weeks, she said, adding: "The sooner the better."

'There's no quick fixes.' Combating terrorists in Iraq will take time: Baird

As the federal cabinet considers sending fighter jets to Iraq, Foreign Affairs Minister John Baird suggests Canada and other countries could be in for a long mission.

Baird predicts that battling extremists in Iraq and elsewhere will take time and says Canada is in uncharted territory when it comes to directly engaging terrorist elements.

"Terrorism, radical extremism, this is the great struggle of our generation," the minister said.

"Whether it's in Iraq, whether it's in Nigeria with Boko Haram, whether it's with al-Shabab in Somalia ... there's no quick fixes."

The federal cabinet is considering the possible deployment of CF-18 jets, along with surveillance aircraft, following an American request for Canada to become more involved in the everexpanding air war against the Islamic State of Iraq and al-Sham (ISIS).

Baird says he won't speculate on what decision he, Prime Minister Stephen Harper and their cabinet colleagues will reach.

But he told reporters in Ottawa on Tuesday that cabinet will play off recent military experiences in Libya and Afghanistan in deciding.

National Defence officials and critics question how long Canada could sustain such a combat mission, given the age of its fighter fleet and other commitments.

Canada already has four CF-18s flying air policing missions over the Baltic as part of NATO's eastern European reassurance measures on behalf of Ukraine.

Following the Libya bombing campaign of 2011, there was concern in the air force that the CF-18 fleet was already being driven too hard, even with life-extension upgrades completed under the former Liberal government.

THE CANADIAN PRESS

Greater involvement

The federal cabinet is considering the possible deployment of CF-18 jets, along with surveillance aircraft.

Baird says he won't speculate on what decision he, Prime Minister Stephen Harper and their cabinet colleagues will reach.



Refugees arrive at Turkey-Syria border as airstrikes target ISIS

A Turkish soldier holds the hand of Sidra, 12, a Kurdish refugee girl from Kobani who lost her parents after their arrival at the Turkey-Syria border near Suruc, Turkey, Tuesday. U.S.-led coalition airstrikes targeted Islamic State of Iraq and al-Sham (ISIS) fighters pressing their offensive against a Kurdish town near the Syrian-Turkish border on Tuesday in an attempt to halt the militants' advance, activists said. Burhan OZBILICI/THE ASSOCIATED PRESS



DEBT OVERLOAD??? 780-424-9944

Debt/Credit Counselling
Creditor Negotiations
Bankruptcy Alternatives
Creditor Negotiations
Bankruptcy Protection

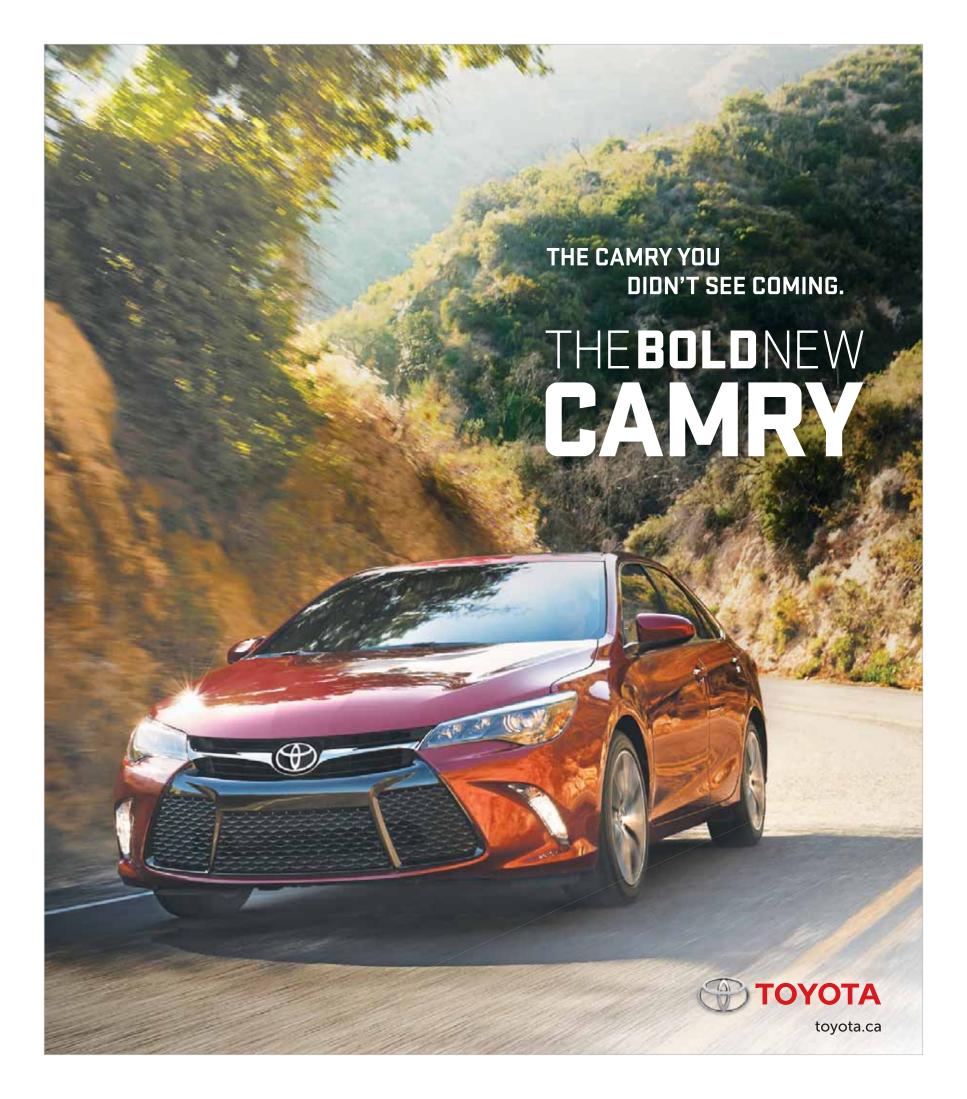
FREE Consultation



NEED COOL DESIGN TIPS? Read metr@home

Read metr
home every Thursday.





metronews.ca Wednesday, October 1, 2014 metr⊕ **BUSINESS**

'Sexist' baby pyjamas miss the Target

'I only date heroes'. Parents outraged to see clothing for babies playing into outdated

gender stereotypes

Hundreds of people denounced Target for selling "sexist" baby pyjamas after a university professor posted a photograph of

the clothing on social media. The boy clothing features a Superman logo and the line "Future Man of Steel," while the girl item has the same logo but the line: "I Only Date Heroes."

"It seems kind of ridiculous to talk about who an infant girl is going to date," said Aimee Morrison, an associate professor of English at the University of Waterloo.

"Even for tiny babies, we seem to think of girls as gaining power and worth from whom they're romantically linked to and boys get to become agents of action in their own right."

The photograph was taken on the weekend at a local Target store by Morrison's friend, Christine Logel, also a professor at the university.

TONLY HEROES and boys are seen at a Target store.

Logel initially put the picture on Facebook, but gained little traction.

"We were all sort of complaining about the sexism in the image and the same 10 people always commenting, and she said, 'Nothing ever changes," Morrison said in an interview.

The women decided to share the image on Morrison's Twitter account, sparking hundreds of retweets and comments.

The response was overwhelmingly against the gender stereotyping, with many responders passing along their own examples.

THE CANADIAN PRESS

Market Minute



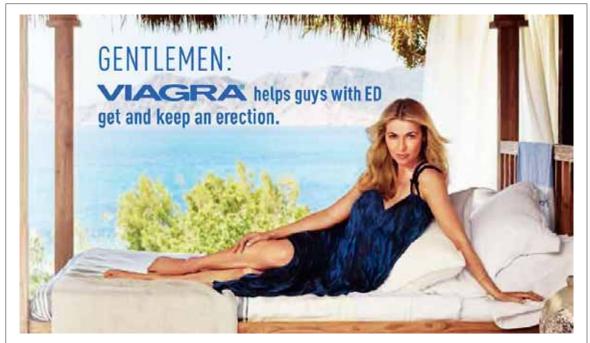
Natural gas: \$4.13 US (no change) Dow Jones: 17,042.90 (-28.32)











Amid stiff competition, Pfizer uses women to sell men on Viagra

This image provided by Pfizer Inc. shows a new print ad for Viagra, the world's top-selling erectile dysfunction drug. Executives at New Yorkbased Pfizer hope the new ad campaign — which is set to launch Tuesday, and which includes print ads in publications and a new 60-second television commercial — will nudge women to broach the subject with their mates. Having a woman speak directly to men about impotence is a unique strategy for Pfizer. The world's second-biggest drugmaker is looking for ways to boost sales of Viagra at a time when it is encountering new competition. Patents give a drug a monopoly, generally for 20 years. But when those patents expire, cheaper generic versions flood the market, often wiping out most of the brand-name drug's sales within a year. Viagra has faced competition from cheaper generic versions in Europe since its patent expired there 15 months ago. Sales fell 8 per cent last year to \$1.9 billion US. And in three years, Viagra will get generic competition in the U.S., where it costs about \$35 a pill. Meanwhile, new competitor Stendra just got approved. PFIZER INC/THE ASSOCIATED PRESS

Change. EBay to spin off **PayPal payment system**

EBay is splitting off its fastest growing segment, the PayPal payment service, the e-commerce company said Tuesday.

Investors applauded the news, sending eBay's shares up nearly seven per cent in morning trading.

The move comes after months of pressure from activist investor and billionaire Carl Icahn, who has a 2.5 per cent stake in eBay, according to FactSet.

EBay ČEO John Donahoe had been adamant that splitting off PayPal was the wrong move for the company. But Tuesday, the company said that making PayPal a separate publicly traded company next year "maximizes strategic focus and flexibility for eBay."

PayPal provides online shoppers with an alternative to credit cards. It's also moving into mobile pay-ments from Internet-enabled devices such as smartphones and tablets, which are expected to become a major area of growth.

Citi Investment Research analyst Mark May said in a note last month that the sum total of mobile payments could grow from \$1 billion US in 2013 to \$58.4 billion by 2017. Apple threw down a gauntlet in September with its own digital wallet Apple Pay, seen as a major competitor to PayPal.

THE ASSOCIATED PRESS

You tend to get what you pay for: Telecom expert warns

CRTC hearings

Canada should heed the lessons learned in Europe about adopting rules intended to keep wireless prices low, the former head of Austria's

telecom regulator has told the

Forcing lower prices in the short term has resulted in Europe having among the slowest and least reliable wireless networks in the industrialized world., Georg Serentschy said as hearings continued Tuesday into the health of Canada's wholesale wireless market. THE CANADIAN PRESS

Bigger is better? Qantas debuts the Airbus A380

Qantas is putting the world's biggest passenger plane on the world's longest airline route.

A Qantas Airbus A380 touched down Monday at Dallas-Fort Worth International Airport about 15 hours after leaving Sydney, Australia, on the 13,800-kilometre journey.

The double-deck, fourengine jet was greeted with a water-cannon salute, then taxied to a two-storey gate that was configured just for the behemoth.

The inaugural flight carried a full load of 484 passengers, according to a Qantas spokesman.

DFW is a large airport with connecting flights throughout the U.S. and Latin America, making it ideal for the plane and the route. But the A380's size also limits its appeal. Smaller planes such as Boeing's latest, the 787, are more economical on many routes.

Qantas previously flew the Sydney-Dallas route with the Boeing 747, which required a stopover in Brisbane, Australia.

"The 747 served us really well, but it doesn't have the range of the A380," said Qantas Senior Execu-Vice-President Vanessa Hudson. "The A380 is much bigger, so we can actually now provide 10 per cent additional capacity." THE ASSOCIATED PRESS

No injuries reported

Kids hoodies recalled in U.S.

Two different children's hoodies were recalled Tuesday because of a possible choking

No injuries have been reported, but the U.S. Consumer Product Safety Commission

said the hooded sweatshirts have drawstrings around the neck that can get caught in playground slides or school bus doors and strangle a child.

One recall is for 7,800 hooded sweatshirts that were sold at Kroger and Fred Meyer supermarkets nationwide between June and August for about \$18 US.

THE CANADIAN PRESS

THE 1ST STEP IS ADMITTING WE'RE THE PROBLEM

I woke up yesterday morning and half the animals were gone.

No, it wasn't a spinoff of The Leftovers, but the conclusion of a report from the World Wildlife Fund. Since 1970, 52 per cent of the world's population of fish, birds, mammals, amphibians and reptiles — every living creature except people — have vanished. There are still lots of people, you'll be pleased to learn. During the same period, 1970-2010, the world's human population nearly doubled, from 4 billion to over

Wonder if the two are somehow related? Simply put, we're taking over the neighbourhood and pushing everyone else out: cutting

down too many trees, using too much freshwater, adding too much carbon dioxide to the air and polluting everything with nitrogen and phosphorus.

Really folks, this is astonishing. I half expect someone to de-



Paul Sullivan

metronews.ca

clare a global state of emergency, with everyone told to stay indoors and breathe only four times a minute to cut down on the CO2 level.

But that's not happening. In fact, nothing's happening, except maybe another species going extinct — 150 to 200 disappear every day, according to the UN Environment Program. Species are going extinct before we even discover them.

I'm not sure why we seem to care more about George Clooney's wedding than the disappearance of half the world's animals, but there you go.

Maybe we should blame the global warming debate. Despite an unprecedented global scientific consensus that global warming is real, nine eccentric professors tell us not to worry, and we go,

"OK". Or maybe we've reached the Bad News Threshold. The world is such a mess, what with the bloodthirsty enthusiasms of the jihadists, etc., who wants to hear that half the animals have disappeared in 40 years? If denial works for global warm-

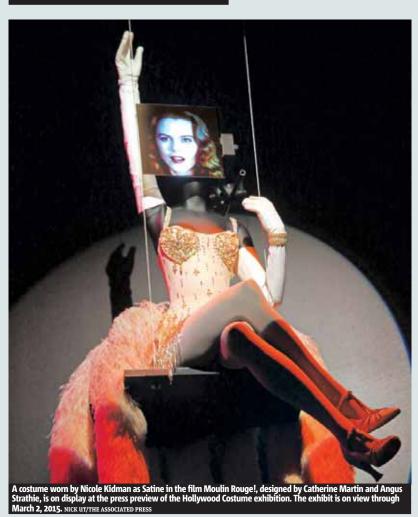
ing, why can't it work for animals? Maybe we'll just wait another 40 years and they'll all be gone and we won't have to worry anymore. (We won't have to wait that long for the freshwater flat line — freshwater species have declined by 76 per

If we're feeling lonely we can always watch cute cat videos. I know, I know, I sound like a shrill environmentalist, even to myself. No doubt someone will point out that two years ago, the WWF announced that "only" 28 per cent of the animals had disappeared. So how did they get to 52 per cent only two years later? It's either a green conspiracy to prompt donations or an utter catastrophe. It won't be long before we find out.

The cockeyed optimists at the WWF believe it's not all over, that people can "live and prosper in harmony with nature". But something will have to change. A typical American, for example, will have to stop consuming at the rate of four planets, never mind just one.

But first we have to believe this is really happening. And then we actually have to do something. Good luck with that.

Maketh the movie



Hollywood Costume looks at tinseltown's iconic garb

The Academy of Motion Picture Arts and Sciences is holding its first exhibit in the space that will become Hollywood's premier museum devoted to the movies.

Hollywood Costume opens Thursday in Los Angeles, with more than 150 costumes and dozens of digital monitors.

There's a collection of regal, gilded gowns fit for a queen, a section of superhero costumes and another area is dedicated to characters played by Meryl Streep. THE ASSOCIATED PRESS

They've got it all

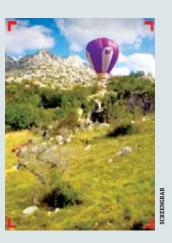
A gallery of some of the most iconic costumes dazzles with its breadth:

The beaded gown and fur stole that adorned Marilyn Monroe in 1959's Some Like it Hot; John Travolta's groovy white suit from 1977's Saturday Night Fever; Julia Roberts' red dress from 1990's Pretty Woman: the blue velvet suit that transformed Mike Myers into Austin Powers in 1997; and two original pairs of ruby slippers worn by Judy Garland in 1939's The Wizard of Oz.

Daredevil goes dooooown



May the sun forever shine on the brave hearts of adrenalin iunkies who look down from a soaring hot air balloon and think to themselves. "This is cool and breathtaking and all ... if only it were more dangerous." You know who is just that sort of person? Ivan Trifonov, a 70-yearold Guinness



record-holding daredevil who took it upon himself to guide a specially modified balloon to tap the bottom of Croatia's Mamet Cave. My goodness. (Croatia/YouTube)



@metropicks asked: The UN is holding a conference on gender equality in Iceland that they've decided to only invite males to, with the idea of getting men and boys in on the conversation. Is this a good idea?

@my2k: maybe they can talk amongst themselves what they're doing wrong, like kids in a time-out

Join the conversation @metropicks.

metr_®

SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 14 in Scene, page 17 in Life and page 23 in Sports.

To see these pages spring to life, download or update the Metro News app and follow these three easy steps:

- 1. Open the Metro News app on your smartphone or tablet device. Click the AR icon in the top right corner.
- 2. Hold your device over any image that has the AR logo near it. Wait for the green scan bar to read the image!
- 3. Voilà! You should see the AR in action.









Star Media Group President John Cruickshank • Vice-President & Group Publisher, Metro Western Canada Steve Shrout • Editor-in-Chief Charlotte Empey • Deputy Editor Fernando Carneiro • National Deputy Editor, Digital Quin Parker • Managing Editor, Edmonton Darren Krause • Managing Editor, News & Business Amber Shortt • Managing Editor, Life & Entertainment Dean Lisk • Sales Manager Cheryl Skogg • Distribution Manager David Mak • Vice President, Content & Sales Solutions Tracy Day • Vice-President, Creative and Marketing Services Jeff Smith • Vice-President, Finance Phil Jameson • METRO EDMONTON Suite 2070, 10123 - 99 Street Edmonton, AB T5J 3H1 • Telephone: 780-702-0559 • Fats: 780-702-0559 • Advertising: 780-702-0592 • adinfoedmonton@metronews.ca • Distribution: edmonton_distribution@metronews.ca • News tips: edmonton@metronews.ca • News tips: edmonton@metronews.ca

Ben there done that: Affleck survives overexposure era

Goodwill hunting.

Actor traded in tabloid rep for more measured shots at stardom



FOCUS Richard Crouse scene@metronews.ca

This weekend Ben Affleck returns to theatres as the star of the hotly anticipated Gone Girl, an adaptation of Gillian Flynn's bestselling novel about a man whose life becomes a media circus when his wife (Rosamund Pike) disappears and he is the prime suspect.

It's a welcome return for the star who once almost wore out his welcome on the big screen.

For a few years in the early 2000s, Affleck was the textbook definition of over-exposed. Between 2001 and 2004 he released a staggering 11 films, took a year off and dumped four more into the-atres in 2006.

Then (when the tabloids weren't naming him Sexiest Man Alive, as People Magazine did in 2002), they were detailing the every move of

Just a working man

"Now I think I'm kind of seen as just sort of somebody in Hollywood who works."

Ben Affleck

the couple known as Bennifer, a mash-up of Ben and fiancée Jennifer Lopez's highwattage names.

You couldn't go to a theatre, turn on a television or pick up a magazine without seeing his handsome face, and soon enough that ubiquity worked against him.

The Wall Street Journal did the math, reporting Affleck's recognition factor jumped from 75 per cent to 82 per cent in 2003, but noted the percentage of folks who didn't like him climbed from 12 per cent to 18 per cent.

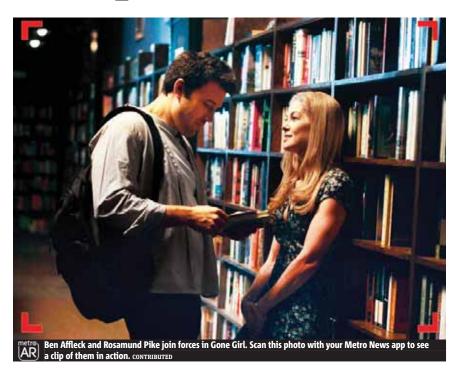
În 2004 talent agent Patrick Whitesell told Los Angeles Times writer Kim Masters, "That kind of [media] coverage robs movie stars of their mystique."

After that period of wild tabloid overexposure ruined his credibility with moviegoers and very nearly turned him into an industry in-joke, Affleck took some time for self reflection — "I was a little bit exhausted of myself," he said — stopped saying 'Yes!' to every script that came his way and earned a second act.

In front of the camera — in movies like State of Play — and behind it, directing the critically acclaimed Gone Baby Gone, the man who had made four dozen movies since 1993 rebuilt his career, focusing on quality rather than quantity

than quantity.

His next film saw him on both sides of the camera, directing, co-writing and starring in The Town, a crime drama that returned him to the scene of his first success, the Boston of Good Will Hunting. The Oscar-winning



No more yes-man

"I was a little bit exhausted of myself."

Ben Affleck on taking a break after a decade of overexposure.

Argo followed and soon he'll be seen as Batman in Batman v Superman: Dawn of Justice.

The days of overexposure have come and gone, and he survived to have a thriving career. "Now I think I'm kind of seen as just sort of somebody in Hollywood who works," he says.





EDMONTON SKI & SNOWBOARD SHOW

POWDERFEST.COM

COME SEE THE RESURRECTION RAIL JAM SATURDAY OCT 25TH

WESTERN CANADA'S LARGEST INDOOR SNOWBOARD RAIL COMPETITION!



OCT 25TH & 26TH

EDMONTON EXPO CENTRE





metronews.ca Wednesday, October 1, 2014

DISH
15



That's no way to keep the bromance alive: Matt ditches Ben for George

Having to choose between famous friends can be tough, as Matt Damon learned when he chose to head to Italy for George Clooney's wedding, missing Ben Affleck's Gone Girl premiere in New York the night before.

And the choice apparently did not go unnoticed by Affleck's wife, Jennifer Garner. "Jennifer was furious that Matt didn't go to the premiere. She flipped out that he ditched his best friend on his big night to go to George's wedding instead." Oof. Way

to get on your best friend's wife's bad side, Matt. Funny thing, though — from perusing the red carpet photos of the Gone Girl premiere, you know who else apparently wasn't there? Jennifer Garner, who was in Los Angeles the next morning to do press for her own new film. Maybe she was projecting?

And in Damon's defence, Affleck has had — and will continue to have — a lot of movie premieres. Clooney's only going to get married maybe a handful more times.

Wha...? Doesn't Trump know nice guys finish last?

Donald Trump is not happy. Comedian Philip Bradbury duped the Apprentice boss into retweeting a photo of British serial killers Fred and Rosemary West by tweeting that the photo was of his parents, who'd always said Trump was "big inspiration."

And since the quickest way to get Trump's attention is to tell him he's important, he gladly obliged. Whoops. "I thought I was being nice to somebody re their parents.



I guess this teaches you not to be nice or trusting," Trump tweeted after finding out the truth. "Maybe I'll sue." Brad-

bury might want to watch himself, because the Donald is probably actually serious. He does seem to love suing people, after all.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Bynes has got it bad and that ain't good



NED EHRBAR

we haven't heard from in a

while? Amanda Bynes. Well, that dry spell is over because Bynes is back! Her parents' conservator-

Her parents' conservatorship — which gave them total, Britney Spears-style control over her life and finances — ended earlier this month, and right on cue we have the former Nickelodeon star's first run-in with the law.

Bynes was arrested over the weekend for driving under the influence after cops in Sherman Oaks, Calif., saw her stop at a red light — in the middle of the intersection. Police charged Bynes with a misdemeanour after they "determined she was under the influence of a controlled substance," according to E! News, though exactly what substance is still a mystery. It's nice to see her coming back playing the hits, though, like getting popped for a DUI. Bynes, after all, was given three years of probation for that very type of arrest back in 2012.

And that's not all! Radar Online reports that she's also flunked out of the Fashion Institute of Design and Merchandising, where she'd



ting out of rehab last year. "Amanda just stopped going to classes," a source says. "Everything had been going very well for her up until the conservatorship ended. Her instructors tried to reach

out to Amanda, given her history of very public breakdowns, but got no response." No word yet on if she plans to relaunch her Twitter account and start lashing out at fellow celebrities again, but here's to hoping.



Fincher not starryeyed when it comes to Jedi

Sure, J.J. Abrams is busy making the next Star Wars film, but it could have been Fight Club director David Fincher in charge of revamping the franchise — though probably not likely, even he admits. Fincher tells Total Film that he met with Lucasfilm early on to discuss the famous franchise. "It's tricky. My favourite is the Empire Strikes Back. If I said, 'I want to do something more like that,' then I'm sure the people paying for it would be like, 'No! You can't do that! We want it like the other one with all the creatures!" In even less kidfriendly matters, Fincher sees the Star Wars series as "the story of two slaves (droids C-3PO and R2-D2) who go from owner to owner, witnessing their masters' folly, the ultimate folly of man," he says. "I thought it was an interesting idea in the first two (films), but it's kind of gone by Return of the Jedi.







metronews.ca Wednesday, October 1, 2014 16 LIFE

Protect animal welfare

Intrepid Travel has these tips for helping prevent animal cruelty:

1. Before you visit a zoo, make sure it adheres to the World Association of Zoos and Aquarium Code of Ethics (WAZA.org). Better yet, view wildlife in the wild.

2. Steer clear of cockfights, bullfights and animals employed in cultural festivals.

3. Swimming with captive dolphins is stressful for them. Avoid any captive marine mammal.
4. Don't be tempted by local cuisine that

includes wild animals.

5. Don't buy souvenirs that incorporate fur, horns or shells.

6. Don't get your picture taken with, or ride on, a wild animal, elephants included. Many are drugged or mistreated in order to be "tame" enough. DOUG WALLACE/METRO

Book early for Italy

Globus is expanding its offerings next year for Italy and other parts of Europe. Its portfolio will include a new nine-day Italian Sampler tour priced at about \$220 per day. It takes in Rome, Florence and Venice, plus quieter



spots such as San Gimignano and Padua. If you book an air-inclusive 2015 Globus Europe vacation before Oct. 28, you get a \$100 air credit per person. The credit grows to \$350 when it's Italy you're booking and \$500 if you choose Air France, KLM or Alitalia flights to Italy. Visit GlobusJourneys.ca. Text: Doug Wallace, Photo: Globus

Virtual quide to the Adirondack Park





Adirondack Park's six million acres in upstate New York at adirondacksusa.com. A new and very cool virtual guide gives you interactive, 360-degree views from various locations throughout the park, with links to everything from mountain peaks to golf courses to town shopping streets. Park businesses can also get on board to help promote tourism in the region. With 3,200 kilometres of hiking trails and 1,900 kilometres of rivers, this place is paradise.

TEXT: DOUG WALLACE, PHOTO: SHAUN ONDAK

That's hot. San Fran and Sriracha top foodie travel list



A new food and travel report has named San Francisco the top culinary destination for food lovers this fall, citing the city's love affair with Sriracha sauce as one of its star attractions. Written by online booking site Travelocity.ca and "culinary trendologist" Christine Couvelier, the list of top 10 food cities in the Culinary Travel Report is dominated by North American and European cities, with nary an Asian destination in sight. San Francisco tops the list for being a hotbed of culinary creativity and food artisans, the report says. And apparently, the culinary trend to keep an eye out for in this city is Sriracha sauce, which is being used not only as a condiment but also as a spicy, barbecue glaze for grilled meats, particularly chicken. AFP

AIR CANADA (*) VACATIONS

The Venetian | Las Vegas, USA | DAILY NON-STOP FLIGHTS ABOARD AIR CANADA ROUGE

MORE VALUE

- Save \$100 per couple²
- > FREE access to Air Canada's to your hotel included
- Maple Leaf lounge³
- > FREE air seat selection
- ▶ Round-trip transportation
- > Skip the line and get complimentary admission



aircanadavacations.com Call 1877 236-6228 or your travel agent





All-inclusive Alps adventure offers affordable luxuries

Valmorel. Pick a package and let your friends know you'll be skiing in Europe

KATHY BUCKWORTH

The French Alps are on many avid skiers' bucket lists, but the expectation that the price will be prohibitive keeps many from even exploring the possibility.

But in Valmorel, France, the all-inclusive Club Med ski resort makes managing costs easier.

Club Med is synonymous with the all-inclusive resort, a convenient way for families to manage budgets and avoid most of the dreaded add-on costs, which pop up on a vacation.

Having activities and food (and alcoholic drinks) included

proved to be a huge attraction, particularly for hot climates. The term "all-inclusive" still conjures up images of sandy beaches and blue oceans, but both the company and the concept have recently moved up. With a staggering 18 ski resorts in the Alps (spread across France, Switzerland and Italy) the all-inclusive alpine experience is one that families are quickly embracing.

In addition to airfare, transfers, food and open bar, clients also have their lift tickets, equipment storage and ski or snowboard lessons covered.

The Valmorel Club Med (located a two-hour drive from Lyon, France or a one-hour drive from Geneva Switzerland) opened in 2011 with the family ski concept in mind. Besides individual chalets, the lodge includes suites which can easily accommodate a family of four in a stylish, yet compact series of rooms with a king bed, two twins, a sitting area and two separate washrooms. Basic

"club" rooms are also available.

Because the altitude of Valmorel is not extreme, many families with young babies and children choose to come here, as it is easier on their more delicate respiratory systems. Baby Club Med is offered to children aged four to 23 months. Older children can take advantage of the included group ski lessons from age four and up.

If the children require babysitting, Club Med offers a Pyjama Club from 7 p.m. to 1 a.m., or in-room babysitting.

The two restaurants (one buffet, one menu) offer a terrific selection of fresh food from the region, and the Baby Corner offers fresh ingredients and a food processor for parents to make their own baby food (premade is also available).

After dinner, the G.O.'s (or Gentil Organis) put on a stage show and entertain kids and parents alike.

An indoor/outdoor swimming pool and hot tub are the

Beyond the mountain

Club Med is also introducing the City Visit this winter, which will offer select hotels and transfers to and from Paris as an add-on at the start or end of the Valmorel ski resort vacation.

perfect end to a day of skiing.

The village of Valmorel is a free five-minute shuttle bus ride away. Established in 1976, it offers a selection of ski shops, restaurants, a bakery, cinema and town music hall for shows and celebrations.

The ski season is set to open Dec. 14, 2014 and will run until April 12, 2015.

This vacation, according to the Club Med website, will run you approximately \$6,000 per couple — comparable to a do-it-yourself trip to Whistler. Visit clubmed.ca for details.



metre Take a visual tour of the Club Med resort at Valmorel by scanning

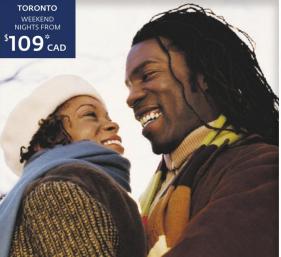
52 WEEKENDS A YEAR, 52 CHANCES TO

BE A WEEKENDER.











BE A WEEKENDER AND BOOK YOUR GETAWAY TODAY.

You only get 52 weekends a year, so make the most of them. Unwind on a romantic weekend at Waldorf Astoria™ Hotels & Resorts or Hilton® Hotels & Resorts, or take the little ones to a family-friendly hotel like Embassy Suites™ and Hampton®. Wherever you go, our more than 4,100 hotels have the weekend you're looking for. Take advantage of great rates before the next weekend is gone.

BOOK NOW AT HILTON52WEEKENDS.COM | 1-800-HILTONS



























*Sample daily rates featured are subject to availability for weekend travel through November 2, 2014. Rates will vary based on selected hotels and may include higher or lower rates than advertised based on specific travel dates selected.
"Weekend rate" includes nightly rates which may begin on Friday or Saturday. Each hotel has a policy addressing cancellations and/or blackout dates that may apply. Unless otherwise stated, quoted rates are per room per night, based on double occupancy and do not include taxes, gratuities, incidental charges or resort fees (where applicable). The Best Available Rate is a specific rate type that varies depending on time of beginning that the contraction of the local hotel currency. ©2014 Hilton World. Endowled. En

metr⊕ **BREAST CANCER AWARENESS**

Laughter is the best (and cheapest)

Fighting back with laughter



Channelling kitten sweater models

A mother, actress, writer, producer and a full-time faculty member in the comedy program at Humber College in Toronto, Robin Duke was in the midst of writing a new show for the comedy group Women Fully Clothed when she was diagnosed with breast cancer.

She had a mastectomy in the fall of

The following is an excerpt from the one-woman cancer show the former Saturday Night Live cast member is currently writing.

There are few things in life I know for certain that I am good at: swimming, cleaning and MRIs. I'm really good at MRIs.

Some people have to practically be knocked out cold with sedatives to withstand this claustrophobic procedure. It's extremely difficult and uncomfortable to stay perfectly still for the hour of darkness, encased in a large metal cylinder, while radio waves produce detailed pictures of your organs, bones

Even the smallest of movements can blur the images of the tumour they are trying to measure, meaning even more time inside the MRI for the retakes.

I am proud of my unique ability to remain motionless throughout the magnetic resonance imaging. With all the clanging, thumping, humming and tapping noises throughout the process, I am perfectly still with my body stretched out on the metal table, and I don't move a muscle.

I first developed this skill when I was seven or eight at the Better Living Building at the Canadian National Exhibition in Toronto.

It was there where I carefully studied the "statue" models of The Kitten Sweater Exhibit — beautiful young women in pastelcoloured cashmere, tight-sweater sets and breasts accentuated by bullet bras.

The vintage bras projected their two breasts like head beams on a car. These clas-

sic sweater girls stood motionless on small stages, each with its own picturesque setting: a farm with hay bales, the front porch swing of a cottage or an office where a Madmenlike "Peggy" leaned on a desk with a pencil and steno pad.

My parents dropped me off there, confident I would "stay put" while they checked out the latest in early '60s appliances. For

Cheap medicine

Í couldn't run

down the street

naked, screaming.

medicine and if I

can make a joke

Robin Duke

some of its power."

on the power of humour in her

recovery from breast cancer

Laughter is the best

"So what else can

you do but laugh?

hours I would stare at the frozen women and wait for them to blink, make a false move, scratch an itch. I would imitate them and gauge how long I could be paralyzed. The only move they did make was to change poses but this always about cancer it loses happened after a considerable

length of time. Throughout the day the models would come and go, replacing

one for another. Some were better but they all held my complete attention. My parents would then pick me up, waking me from my

At home I would practise standing still for as long as I could, challenging family and friends to outlast me. I won, hands down, every time. At night, I dreamed of the day when my breasts would grow into points and I would become a Kitten Sweater model at the Canadian National Exhibition.

So, when I lie on that rock-hard bed strapped into my MRI rocket, ready for take-off, I shut out the clanging and sounds surrounding me. I close my eyes and suddenly I am in a farm scene or cabin by a lake, or a feminist at a rally. I am anywhere in the world and I hold every muscle completely still. I am a kitten sweater model, however, with only one pointed breast.

Stay positive. How does humour play into dealing with a breast cancer diagnosis? It's more important than you may think

BRESLIN

What do a man wearing a tutu and breast cancer relief have in common?

It may not seem obvious, but it's what one man has used to bring some joy and laughter to his wife, who has been battling the disease for the last 11 years.

New Englander Bob Carey started taking photographs of himself in a tutu — and only a tutu — in various iconic locations to cheer up his ailing wife Linda. Since he began The Tutu Project, the photographs have gone viral. Proceeds of sales of these images as well as calendars (there will be one for 2015) are being used to raise money for the Carey Foundation for families with breast cancer.

But their real value, Bob maintains on his website, thetutuproject.com, is to ameliorate the suffering that goes with his wife's disease.

There's a long history of the relationship between humour and healing.

In the '70s, esteemed author and activist Norman Cousins was lying in a hospital bed suffering from a rare form of arthritis. Nothing seemed to work for him - no medication, no therapy. To cheer himself up, he began to watch the entire Marx Brothers movie catalogue. As he laughed, he made a potent discovery: His pain went away.

A little later, a doctor named Hunter Doherty "Patch" Adams began making his hospital rounds wearing a clown nose and bedpans for slippers. He became so famous for raising the morale of his patients that his life story was made into a movie starring the late Robin Williams.

Adams' work really started the discussion about the relationship between humour and healing. But a man in a tutu? Is this funny? Actually, the tutu has been used for comic effect by a number of comedians. Howie Mandel's first stage performances saw him wearing the tutu (and a sport jacket, of course!) and there's a comedic ballet troupe called



"For families dealing with sick loved ones, it's important to laugh and smile and remain in the moment..."

Sara Davidson, psychotherapist on the power of now and laughter

Le Ballet Trocadero de Monte Carlo that has its all-male cast wear tutus. It's a benign, nonthreatening form of drag, and men dressing up as women has been used since Shakespeare's time to get a laugh.

OK, so it's funny, but does any of this really help the

David Schatzky, a psychotherapist and former broadcaster, thinks so.

"When you're able to laugh, you feel better. It releases endorphins, reduces stress hormones, and boosts the immune system. Laughter won't cure anything, but you gain strength from it," he says.

Psychotherapist Davidson of Confervor Counselling Services in Toronto agrees.

"The muscles in the face that are used in the act of smiling trigger a natural mechanism we have that releases these endorphins," she

I guess our parents were right when they told us to "turn that frown upside

One of the most difficult things about dealing with disease is the toll it exacts not just on the afflicted individual but also on the family of the patient. Davidson notes, "For families dealing with sick loved ones, it's important to laugh and smile and remain in the moment with their loved ones without constantly focusing on the negative possible events that lay ahead.

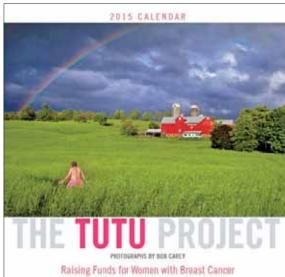
In other words, laughter can provide much needed re-

Bob's photographs do just that for his wife and other breast cancer patients. A middle-aged man in a tutu posed against the Lincoln Memorial or in the aisle at Bloomingdale's has got to elicit a smile. Interestingly, most of Carey's photos (which are beautifully shot) place him against a lonely vista, as a possible metaphor of the battle of all those who suffer. The shots are funny, but also moody as metronews.ca Wednesday, October 1, 2014

BREAST CANCER AWARENESS 19

medicine





well. In a video on their site, Bob and Linda share their feel-

"He isn't afraid to put himself out there ... the more I laugh, the better I feel," says Linda.

Bob adds, "When Linda would go for treatment, she would show my images on her phone to the other women and it would make them laugh."

"Women really like that he's standing by me," she sums up.

This solidarity may be the most valuable help of all. Bob's courage to look foolish, which by no means compares with Linda's courage in dealing with her cancer, is at least an attempt at a way for a loving couple to go through the tough times together.

Both Schatzky and Davidson acknowledge that laughter alone can't cure cancer. But as relief goes, it couldn't be a better beginning. Here are areas where we're seeing innovations in breast cancer research that could change the way we prevent, diagnose and treat breast cancer in the years to come

VAWN HIMMELSBACH

life@metronews.ca

Understanding genetic markers

It's estimated that five per cent of all new breast cancer cases are caused by mutations in the BRCA1 and BRCA2 genes — and that those cancers should receive different, more target-



ed, treatments to increase the chance of survival.

Understanding genetic markers can help to prevent breast cancer and improve treatment, according to Dr. Kelly Metcalfe, adjunct scientist at the Women's College Research Institute. Current research is looking at genetic susceptibility factors among a large group of multi-ethnic women in Canada, and those results will be combined with those from 26 countries to help understand genetic markers.

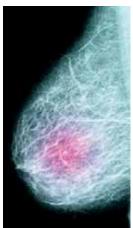
3D screening

Breast screenings can help to find cancers earlier, but they also provide more treatment options and better chances of survival.

Researchers are working on the development of digital breast tomosynthesis — a three-dimensional mammography that makes it much easier than a conventional mammography to see if a cancer is present (since doctors are able to look through different levels of tissue in the breast).



promise is that it will be easier to detect cancer, with fewer false alarms.



innovations to be aware of

New treatment options

McMaster University's Dr. Julie Arsenault is studying a robotic radiosurgery device called Cyberknife to see if it's safe and effective for surgery to treat early-stage breast cancer.



Treatment typically involves surgery to have the tumour removed, followed by whole-breast radiation or chemotherapy over 16 to 30 treatments.

"One of the questions is whether radiation will work as a primary treatment," Arsenault told Metro. The concern with conventional treatment is toxicity, since the heart and lungs lie just underneath the breast. Stereotactic body radiation therapy provides a much larger, much more targeted, dose of radiation to the tumour over about five treatments. Arsenault's research is looking at whether the Cyberknife could help women with early-stage cancer avoid surgery altogether.

Safer drugs

Molecules made in a lab have been found to kill breast cancer cells selectively over healthy cells, according to Dr. Patrick Gunning, Canada Research Chair in medicinal chemistry.

Chair in medicinal chemistry.
What's been dubbed BP-1-102 has been found to target a key protein that triggers the development of many types of cancer.

many types of cancer.

Research is being done to stabilize this molecule so it's more bioavailable, meaning it would have a more prolonged effect on the patient. The idea is to create a drug that has fewer side

effects and



Improving quality of life

According to research by Karen Dobbin at Cancer-Care Manitoba, 88 per cent of women surveyed had at



least one physical problem after breast cancer treatment but only 43 per cent had any type of rehabilitation. New research is looking at rehabilitation services for women who have survived breast cancer, as well as outcomes of various rehabilitation efforts. Research has already documented the many benefits of physical activity for women during and after treatment, such as lower rates of cancer-related deaths. One initiative at the Princess Margaret Cancer Centre involves harnessing the use of mobile apps with physical exercise to encourage long-term behaviour change — and long-term improvements in quality of life and survival.

metronews.ca Wednesday, October 1, 2014

Someone to watch over my work

A comrade in careerdom. How can a mentor give me a push along my path?

LAUREN MARINIGH TalentEgg.ca

Having a mentor can be extremely beneficial to your career growth at every level.

Many people are reluctant to seek out a career mentor — particularly those who are inexperienced or new to an industry. However, the benefits can be significant and are well worth exploring.

Advice and support from someone who has experience and insight can be the perfect complement to your own initiative and drive.

Here are just a few things a top mentor can offer you.

Sharing an insider's perspective

A mentor can provide you with an insider's perspective on navigating your own career path.

No matter what stage you're at in your career, a mentor can be a great source of information and guidance, providing critical feedback and advice that will help you to make decisions about your career.

A mentor's advice may not

Another viewpoint

A mentor's advice may not always be unique, but mentors offer a different perspective than your professors, family or friends.



always be unique, but mentors offer a different perspective than your professors, family or friends.

Even where their advice doesn't align with your priorities or goals, you'll be able to make decisions with a clearer sense of the pros and cons. That input can make a significant difference when you're facing a major career decision.

Holding you accountable

Do you have a specific career goal in mind? Or do you feel a little like you lack purpose?

ROBERTSON COLLEGE When it comes to developing (and setting) your goals, a mentor offers more than just guidance.

It's easy to let goals slide when they're kept a secret. Laying your goals and plans out with a mentor's input will make you more accountable to actually completing them.

This also applies to getting started, not just following through.

Enhancing your network

A mentor can help enhance and expand your professional

Answering your questions

A mentor has probably tackled many of the questions you have to ask, whether it's something industry-specific or more open-ended.

- While self-guided research is vital to your continued career success, a mentor can offer a much-needed personal counterpoint.
- You may find that your mentor has questions for you, which can help you build your skills as a communicator, and recognize areas where you would benefit from learning more.

network.

Although you can't guarantee every mentor will have connections to the CEO of your dream company, they more than likely will have other connections in the field that may be able to help you down the line.

Expanding your network early on in your career can set you up for success.

Not only do you have the potential to eventually connect with your mentor's network, but also connecting with your mentor alone can help open many doors for you

It is never too late or too early to find yourself a mentor. Having a mentor can benefit you no matter what stage you're at in your life and career.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Be Career Ready In Months!

Your career as a *Health Care Aide* starts here.

Get more information today!

www.robertsoncollege.com or call 587.773.9404



Add a splash of colour to your tacos

Vegetarian dish. Black beans, bell peppers, corn and more make for a very memorable presentation



DINNER EXPRESS Emily Richards food@metronews.c

If you look around the grocery aisles, you'll find many versions of taco mixes. You can also make your own creations very easily with just a few pantry staples.

While you're planning taco night, also check out the tortilla options. You can use flavoured flour tortillas for a classic combination.

Restaurants always serve up their taco shells warm, which enhances the filling and the taco experience and you should, too.

These Vegetarian Tacos have a bit of hit of smoki-

Ingredients

- 4 large spinach or tomato basil flour tortillas
- 2 tbsp (30 ml) canola oil
- 1 onion, diced
- 4 cloves garlic, minced
- 1 can (19 oz/540 ml) black beans, drained and rinsed
- 1 chipotle pepper in adobo sauce, minced
- Half each red and green bell pepper, diced
- 1/2 cup (125 ml) corn kernels
 1 tbsp (15 ml) each chopped fresh basil and mint
- 1 avocado, sliced
- 1/2 cup (125 ml) shredded jalapeno havarti cheese



ness, thanks to the chipotle peppers. You can find them in cans in the grocery store.

Although you only need one for the recipe, keep the other chipotles in the freezer to add to other favourite taco or chili recipes.

If you lay them out flat on some wax paper and freeze, once they are solid you can tuck them away into a container or freezer bag to pick out one when you need it next time.

You can make the filling for this dish ahead and serve it up at room temperature or right out of the pan.

1. Brush your spinach or tomato basil tortillas lightly with some of the oil. Using

a 4-inch (10 cm) round cookie cutter, cut 3 circles out of each tortilla and place oiled side down in muffin tin. Repeat with remaining tortillas. Bake your mini tortilla bowls in 400 F (200 C) oven for about 7 minutes or until crispy and golden. Remove from pan and let cool.

2. Heat the remaining can-

FLASH FOOD
From your fridge
to your table in
about 30 minutes
or less

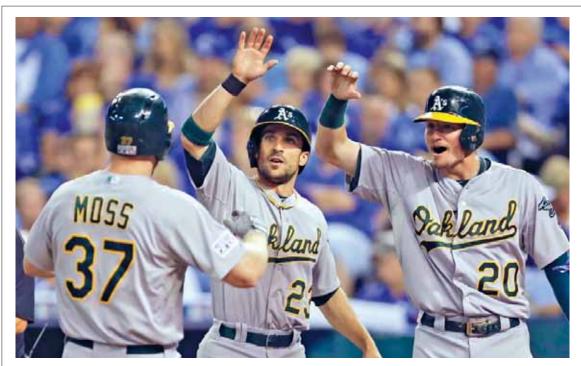
ola oil in nonstick skillet over medium-high heat and cook onion and garlic for 2 minutes or until softened. Stir in the black beans and chipotle pepper and cook, stirring for 5 minutes or until hot. Stir in red and green peppers, corn, basil and mint and remove from beat

3. Divide mixture among tortilla bowls and top with avocado and cheese to



22 SPORTS metronews.ca Wednesday, October 1, 2014

SPORTS



Wild night in Kansas City as AL playoff goes to extras

The Oakland Athletics' Brandon Moss, left, is congratulated by teammates Sam Fuld and Josh Donaldson, right, as he arrives at home after hitting a three-run home run during the sixth inning of the AL wild-card playoff baseball game against the Kansas City Royals on Tuesday. Kansas City tied the game 7-7 in the bottom of the ninth on a sacrifice fly by Norichika Aoki. Check metronews.ca for the final score. JEFF ROBERSON/THE ASSOCIATED PRESS

No Plan B other than turf: FIFA

Women's World Cup.

Star players threatening to sue governing body for discrimination

Despite the threat of a lawsuit from top players, there is no Plan B beyond playing the 2015 Women's World Cup of soccer on artificial turf.

"Currently no," Tatjana Haenni, FIFA's deputy director of the competitions division and head of women's competitions, said Tuesday in an interview from Ottawa.

"We play on artificial turf and there's no Plan B."

A group of top female players has threatened to file a lawsuit over the turf, saying it is discrimination since men would never play their World Cup on artificial turf.

In response, FIFA has retained an independent consultant to examine the playing surface at venues in Ottawa, Moncton, Montreal, Winnipeg,



German goalkeeper Nadine Angerer kicks the ball during an international friendly against Canada on the artificial turf at BC Place Stadium in Vancouver in June. Angerer is one of the players threatening legal action over the prospect of having to play the 2015 Women's World Cup in Canada on artificial turf.

Edmonton and Vancouver.

Asked why a consultant had been retained, if there were no plans to change the surface, Haenni said: "The quality of the turf is of concern to many people.

"As you know there's differ-

ent type of turf. There's older ones, newer ones, and you can categorize them based on some testing. And I think for all of us, including the NOC (National Organization Committee) the Canadian Soccer Association, it will be helpful if we can say —

Stars taking a stand

The group of players threatening legal action includes U.S. stars Abby Wambach and Alex Morgan, Germany's FIFA player of the year Nadine Angerer and Spain's Veronica Boquete.

proven let's say by an independent company — what kind of turf and quality it is."

The consultant is accompanying a FIFA delegation that began its cross-country tournament inspection tour Tuesday in Ottawa.

Peter Montopoli, CSA general secretary and CEO of the National Organizing Committee, said the consultant was familiar with Canada because he had done a similar turf survey ahead of the 2007 FIFA U20 World Cup in Canada. "It's been done before and it's a natural part of testing to review the pitches that are in play," Montopoli said. THE CANADIAN PRESS

CFL weekly awards

White's comeback effort recognized by the league

Edmonton running back John White was named CFL offensive player of the week Tuesday after scoring two touchdowns in the Eskimos' 24-0 win over the Saskatchewan Roughriders last week.

White also rushed for 192 yards on 17 carries. It was his first game appearance since suffering a hand injury in Week 7.

The defensive player of the week honour went to Montreal linebacker Bear Woods, who had nine tackles, a sack and a forced fumble in the Alouettes' 15-7 win over the Ottawa Redblacks.

Calgary kick returner Jock Sanders was named special teams player of the week while the Canadian player of the week honour went to Stampeders running back Jon Cornish.

THE CANADIAN PRESS

Figure skating

Chan taking rest of the season off

Three-time world champion Patrick Chan plans to skip the upcoming figure skating season and return to the competitive circuit for the 2015-16 campaign.

Chan, who took a break from training over the spring and summer while he pondered his future plans, will take part in invitational events and exhibition programs over the coming months.

"My goal is to return to a full competitive schedule after this year," said Chan. The Canadian Press

Michael Phelps

Olympian charged with second DUI

Police arrested Olympic swimmer Michael Phelps on a DUI charge early Tuesday, and officials say he was speeding and failed field sobriety tests when officers pulled him over.

This is Phelps' second DUI charge in Maryland. The first charge was in 2004, and he received 18 months' probation and a \$250 fine. Phelps, a native of Baltimore County, is the most decorated Olympian of all time, with 22 Olympic medals.

THE ASSOCIATED PRESS

metronews.ca Wednesday, October 1, 2014 **SPORTS**

Mitchell looks 'good' in practice, at last

After two games out.

Quarterback close to being confirmed to face the Roughriders

Barring a setback in practice this week, Bo Levi Mitchell is expected to be the starting quarterback for the Calgary Stampeders on Friday against

Saskatchewan Roughriders.

After watching Mitchell navigate the wet McMahon Stadium turf in Tuesday's practice, Stampeders head coach John Hufnagel was closer to giving Mitchell the green light to return to game action.

Mitchell sat out Calgary's last two games with a sprained left ankle and stretched knee ligament suffered in the fourth

"The turf was a little slippery, he ... had no pain in either the ankle or the knee. so he's ready to qo." John Hufnagel

quarter Sept. 13 against To-

"Not 100 per cent, but it

looks good that he'll be playing the game," Hufnagel said. "He looked good out there today. I'm not trying to hide anything. I just want to have one more day to make sure he is ready to go."

Calgary owns the best record in the CFL and tops the West Division at 11-2. Saskatchewan and the Edmonton Eskimos are tied for second at 9-4. THE CANADIAN PRESS





PSG pulls fast one on Barca

Defender Gregory Van der Wiel, left, vies for a ball with Barcelona midfielder Andres Iniesta during Paris Saint-Germain's surprise 3-2 win on Tuesday in Paris. Scan the image with your Metro News app for more results from Tuesday's UEFA Champions League action. MIGUEL MEDINA/AFP/GETTY IMAGES

This Fall, waive your payments goodbye. For a limited time enjoy a finance rate of 0.9% for 36 months plus 3 months payments waived on all 2010 - 2012 Certified Pre-owned models.* e the new owner of a Mercedes-Benz Certified C-Class and benefit from

Reassurance: 150-point certification inspection
 Warranty: standard Star Certified warranty up to 6 years or 120,000 km
 Confidence: complete vehicle history report
 Security: 24-hour special roadside assistance

. Peace of mind: five day/500 km exchange privilege



Mercedes-Benz CERTIFIED

Certified. Affordable. Luxury.

Celebratory prayer

NFL backtracks on Abdullah's flag

The NFL said Tuesday that Kansas City Chiefs safety Husain Abdullah should not have been penalized for unsportsmanlike conduct when he dropped to his knees in prayer after an interception.

The league's rule book prohibits players from celebrating while on the ground, but spokesman Michael Signora wrote in an email Tuesday that the "officiating mechanic in this situation is not to flag a player who goes to the ground as part of religious expression, and as a result, there should have been no penalty on the play."

The flag thrown in the fourth quarter of Kansas City's 41-14 victory over the New England Patriots on Monday night led to criticism on social media, with many wondering how it was different from players such as former NFL quarterback Tim Tebow dropping to one knee in Christian prayer. The associated press

Cavs v. Wizards

New bragging rekindles old rivalry

Dormant for years, the rivalry between the Washington Wizards and Cleveland Cavaliers may be back.

After Wizards guard Bradley Beal said he and John Wall were the best backcourt in the NBA, Cavs guard Dion Waiters voiced his opinion, saying he and Kyrie Irving were better.

"That's nonsense," Waiters said on Tuesday.

'They haven't seen a playoff game yet, so when they make one, they can start talking," Wall said.

There's a history between the Wizards and Cavs, who met in the playoffs from 2006-08. Cleveland won each series, but there was hostility between LeBron James and DeShawn Stevenson. Wizards centre Brendan Haywood - now with the Cavs — was ejected for shoving James, and even rappers Jay-Z and Soulja Boy were involved.

THE ASSOCIATED PRESS



2012 GLK 350 4maticTM, \$38,999 Total price + GST

David Morris Fine Cars, 17407-111 Avenue, 780-484-9000, davidmorrisfinecars.com Mercedes-Benz STAR DEALER



© 2014 Mercedes-Benz Canada Inc. *0.9% financing only available through Mercedes-Benz Financial Services on approved credit for a limited time. Available for 36 month finance on model year 2010-2012 Certified Pre-Owned Mercedes-Benz (less than 140,000 km), Finance example based on a 2010 model: \$25,000 at 0.9% per annum equals \$704.12 per month for 36 months. Cost of borrowing is \$348.39 for a total obligation of \$25,348.39. Down payment may be required. **First, second and third months payments are waived for finance programs on model year 2010-2012 Certified Pre-Owned Mercedes-Benz models. The payment waivers are capped up to a total of \$500/month including tax for a Certified Pre-Owned Mercedes-Benz model. Vehicle licence, insurance, registration and sales taxes are extra. Dealer may lease or finance for less. Offer may change without notice and cannot be combined with any other offers. See your authorized Mercedes-Benz dealer for details or call the Mercedes-Benz Customer Relations Centre at 1-800-387-0100. Offer ends October 31, 2014.



HOT FEATURES

BE PREPARED WITH OUR AVAILABLE WINTER READY FEATURES



2015 **THE LX MT**

FINANCING FOR **PAYMENT** 84 MONTHS*

Offer includes delivery, destination, fees and a \$1,500 loan rebate[†]. Offer based on 2015 Rio LX MT (RO541F) with a selling price of \$15,602.



Forte SX shown⁴ hwy / city 100km⁴: 5.3L/8.0L

FOR TELX MT

IN CASH

Offer includes delivery, destination, fees and a \$4,503 cash credit^a. Offer based on 2015 Forte LX MT (F0541F) with a selling price of \$17,502.



2015 **SPORTAGE** LX MT

PAYMENT

FINANCING FOR

84 MONTHS

kia.ca >

Offer includes delivery, destination and fees. Offer based on 2015 Sportage LX MT (SP551F) with a selling price of \$24,782.

2014 CLEAROUT UP TO \$7,000 CASH BONUS



Optima SX Turbo AT shown

2014 OPTIMA

"HIGHEST RANKED SMALL SUV IN INITIAL



age SX AT Luxuru AWD sho

2014 SPORTAGE



2014 RONDO

AVAILABLE ON CASH, FINANCE OR LEASE









The Power to Surprise

Offer(s) available on select new 2014/2015 models through participating dealers to qualified retail customers who take delivery from October 1 to 31, 2014. Dealers may sell or lesse for less. Some conditions apply. See dealer for complete details. Vehicles shown may include optional accessories and upgrades available at extra cost. All offers are subject to change without notice. All pricing includes delivery and destination fees up to \$1,665, there fees and certain levies (including the levies) and \$500.00 AC drarge (where applicable), and excludes licensing, registration, insurance, other bases and minaring options also available. **Representable** finance campute**. Offer from the new 2015 Rot LX MT (ROS-16F)/2015 Sportage LX MT FWO (25F)F) with a selling price of \$13,485/\$1,665, tire tax and APMIC fee of \$22 and a \$4,505 cach recent (including) a \$33 dealer contribution. See received to the LX MT (ROS-16F) with a selling price of \$31,402/\$24,722. See related for complete details. **Cash borns amounts are offered on select 2014/2015 models and are detailed prurbase price before taxes. Available on finance, lease or cash jurchase offers. Offer the new 2015 rot of the complete details. **Cash borns amounts are offered on select 2014/2015 models and are detailed from the negotiated purthase price before taxes. Available on finance, lease or cash jurchase or finance details. **Cash borns amount only available on the 2014 Septime tax and APMIC fee of \$22 and a \$4,505 cach recent (including) a \$3 dealer contribution. See related for one select 2014/2015 models and are detailed purthase price before taxes. Available on finance, lease or cash jurchase of the purthase of the complete details. **Cash borns amount only available on the 2014 Septime tax and APMIC fee of \$22 and a \$4,505 cach recent (including) a \$3 dealer contribution. See related for one \$1,000 Septime tax and APMIC fee of \$2,000 Septime tax and

2015 Mitsubishi Outlander

- Type. Five-door, compact crossover
- Engines. 2.4-litre inline four-cylinder (166 hp), 3.0-litre V6 (227)
- Transmission. CVT (automatic), 6-speed Sportronic automatic
- Price. \$25,998 base, \$38,928 as-tested

Market position

Available in many 2WD and AWD guises, including very advanced S-AWC. Big brother to RVR, the latter based on a shorter version of the Outlander platform. One of few compact SUVs still available with third-row seating and V6 power. Struggling to be heard in a very crowded and competitive segment.

Points

- One of the first in segment to offer adaptive cruise control, lane-departure warning and forward-collision mitigation (on GT trim line).
- Super All Wheel Control manages over/under steer and traction via front-to-back and side-to-side torque split.
- All-new for 2014, and updated for 2015 with a more aggressive, all-black, frontend look.



Safety features

Seven standard air bags, 4-wheel disc brakes with ABS, electronic brake force distribution, traction and stability control, hill start assist, tire pressure monitoring, available adaptive cruise and lane departure and forward collision mitigation, antitheft alarm and engine immobilizer.

Out of mind, not out of sight



Compara



1 Ford Escape Base price: \$25,249 Top-selling compact SUV in Canada. Stylish and agile.



2Honda CRV
Base price:\$27,863
Solid and well-designed.
Techy and terrific 188-hp engine.



Toyota RAV4
Base price: \$25,695
Good interior packaging
and materials. Secure road
manners.

Review. Mitsubishi Outlander remains popular, despite automaker's lower profile in tough CUV market

MIKE GOETZ

The Mitsubishi Outlander is easy to overlook when you're compiling a short list of cross-over utility candidates.

Put that down to Mitsubishi being one of the smaller automakers in the business, the proliferation of competitors in this segment, and the perennial chart-topping performances of CUV segment pioneers and icons Ford Escape, Honda CR-V and Toyota RAV4.

And put it down to the

Outlander itself, never one to stand out in a crowd, at least visually.

All new in 2014, and retouched for 2015, the Outlander has made great strides in the looks and interior sophistication departments.

Our top-of-the-line GT tester looked fetching in deep red and 18-inch two-tone mesh alloy wheels.

Although the base Outlander, the front-drive ES, starts at \$25,998, the GT range, which comes with Mitsubishi's Super All-Wheel Control system (S-AWC), starts at \$36,198. Our tester was further bolstered with the \$2,730 Navigation Package, for an as-tested and meaty price of \$38,928.

For that, you get loads of premier safety technology and an Outlander that can really grip the road. The S-AWC system, first developed

The interior is uncluttered and effective, with new soft-touch materials.

for the over-achieving Evolution sports sedan, keeps the crossover seriously connected to the road in any twisty and/or slippery condition.

But the rub is, you rarely feel like pushing the cornering experience in the Outlander. A bit bigger and heavier than its compact-CUV competitors, it unfortunately feels even taller, heavier and a bit nervous at the wheel.

The GT's 3.0-litre V6, good for 227 horsepower and 215 lb.-ft. of torque, is certainly powerful and refined enough, and the six-speed transmission shifts smoothly.

Fuel economy is rated at 11.5 L/100 km in the city and 8.4 on the highway.

The interior is uncluttered and effective, with new softtouch materials for 2015. It's easy to find a sweet spot in the driver's seat, with lots of adjustability and visibility.

The SE and GT models come with a third row of seating, but it's super-tight back there.

The GT's 710-watt Rockford Fosgate sound system, with eight speakers and a 10inch subwoofer in the cargo area, was predictably awesome.

Lower-level Outlander models have less high-tech hardware and fewer gizmos to talk about, but seem to have no problem finding buyers. In fact, Outlander outsells many competitors that have more name recognition.

So it is definitely one to consider for a test drive, especially if you need V6 power or seven seats in a CUV.

metronews.ca Wednesday, October 1, 2014 metr⊕

Shift: From hybrids, technology, new vehicles and the environment, to saving money at the pumps

Tesla factory will cut battery-production costs

Tesla Motors' newly announced multi-billion dollar gigafactory near Reno, Nev., will single-handedly make more lithium ion batteries than any plant in the world, says CEO and founder, Elon Musk. Vital to Tesla's goal of mass-market electric car sales, the \$5-billion state-of-the-art plant is designed to drive down lithium ion cell production costs by as much as 30 per cent, Musk said. The California-based auto maker intends to accelerate the production of its Tesla electric cars to "hundreds of thousands" of units per year from its current annual output of about 35,000. Aside from the plant's massive size, it will be able to generate all its power needs on-site from wind, solar and geothermal systems. All stories and photos from wheelbasemedia.com



Mini flatbed truck opens possibilities

Japan's oldest automaker, Daihatsu, has developed a zero-emission mini flatbed truck that creates electricity from a liquid combination of hydrogen and nitrogen. The automaker claims its liquidfuel-cell system

offers a high power density similar to that of hydrogen, but because the mixture renders the fuel liquid, it's easier to handle and transport than hydrogen gas. The FC Deco Deck Concept's

fuel system is simple, compact and low-cost to produce, and doesn't require the use of any precious metals (a big part of the cost of hydrogen fuel cells). The Gizmag website says the Deck's make it an ideal vehicle gency situations, or at

on-board generator could to supply power in emerremote locations.

- Move over Honda Civic, Toyota Corolla and Volkswagen Beetle: Ford's subcompact Fiesta has become the United Kingdom's best-selling car ever. Now in its sixth generation, more than 4.1 million Fiestas have been sold in the U.K.
- Within days of showing an electric concept version of its venerable 9-3 midsize sedan, beleaguered Swedish automaker Saab has filed for bankruptcy, again. Its new Chinese owners, National Electric Vehicle Sweden (NEVS), have struck out, securing the additional investors it needs to keep the automaker running.

f 9 p sabalhomes.com

Ford unveils its taxi cab — or taxi van — of the future

Ford has introduced its compact 2014 Transit Connect work van as a taxi, prioritizing passenger and cargo space, liveryduty durability and low operating costs.

Å new 2.5-litre four-cylinder gasoline engine is expected to deliver best-in-class fuel economy and will feature an available "prep package" allowing conver-

sion to more efficient, cleaner-burning compressed natural gas or liquefied petroleum gas.

The redesigned taxi model is lower and longer than standard Transit Connect vans, allowing for advertising signage on top of the vehicle as well as seating for five and increased cargo space inside.

The van's floor has also been lowered for improved access to the cabin, and can be modified for wheelchair accessibility.





AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

↑ Aries

March 21 - April 20

You must honour your side of some sort of bargain. If you don't, your reputation will head south. It works both ways. You can demand that others live up to their obligations as well.

Taurus April 21 - May 21

You seem to be in one of your silly moods — and that's a good thing. Most days you might worry what others think of your behaviour but today you just cannot be bothered.

∐ Gemini May 22 - June 21

Something you take for granted will be changed beyond recognition over the next few days. But seeing as it is so clearly a change for the better, you won't be in the least bit worried.

Gancer

June 22 - July 23

This may be an emotional time in your life but there are people who love you and are always there for you. If you are smart you will call on them. They will ease your fears.

Ω Leo

July 24 - Aug. 23

If you need to take stock of your money situation, this is a good time. But don't get so caught up in dollars that you view everything as profit or loss.

W Virgo Aug. 24 - Sept. 23

Today's powerful cosmic activity means you can, if you wish, force your will on others. It may be profitable but is it right?

△ Libra

Sept. 24 - Oct. 23

You should be able to find ways to deal with the challenges you'll face today. Even if they prove tougher than expected, surely there is someone you can turn to for help.

M Scorpio Oct. 24 - Nov. 22

What you do in private today is more important than what you do in public, especially as it will help build emotional bonds with people you may have neglected in recent months.

✓ Sagittarius Nov. 23 - Dec. 21

Your independence is precious to you and that means you are likely to clash with someone who does not believe you should be allowed to have radical opinions.

り Capricorn

Dec. 22 - Jan. 20

Remember, no matter how well you do in life and no matter how high up the ladder you climb, there is always someone bigger and badder than you.

Aquarius Jan. 21 - Feb. 19

Whatever else life may be at the moment, it certainly isn't dull. The Sun in your fellow Air sign of Libra makes even mundane events seem more exciting.

H Pisces

Feb. 20 - March 20

You may not be able to make sense of what is taking place around you. The important thing is that what it is you're trying to do is clear in your mind.

Crossword: Canada Across and Down by Kelly Ann Buchanan

20

33

39

42

53

59

64

Across

- 1. Bite into, puppystyle: 2 wds. 6. Fibre- cable
- 11. Noncom. officer 14. Irish tune: "Robin
- 15. Raptor's Staples Center competitor
- 16. Canadian journalist Mr. Velshi
- 17. Tosca aria: " d'arte"
- 18. Manitoba's motto, et liber
- 20. Hitherto 21. Hillside
- 23. "Danke
- 24. Ornamental case 26. 1959: Canada's National Ballet School founding Principal,
- Betty 29. Museum bigwig 32. Puccini aria: '
- Babbino Caro" 33. Ms. Potts
- 34. Inert gas
- 36. _-d'Or, Quebec 39. Ms. Vardalos'
- 40. Potsie's portrayer 41. Canadian restaurant chain known for its breakfast/lunch
- menu 42. NYSE's 'S', briefly
- water 43. 44. Coin toss call! 45. Minstrel's instru-
- ment 46. Wet plaster murals 48. "Brick by Boring Brick" band
- 52. Deep __ bend (Gym move)
- 53. Out on sign (Bright advertisement)
- 56. Simon & Garfunkel's "__. Robinson' 59. Lynryd Skynyrd song that goes "All that you need is in
- your soul.": 2 wds. 62. Anticipate

15

18

31

34

51

54

64. kwon do

43

- 65. Strain 66. Cacophonic
- 67. -enne relative
- 68. Condemns 69. Classic communication system
- Down
- 1. Village People's "In the

44

62 63

- 2. "Thus with a kiss - Romeo
- 3. Harley ___, Torontoborn celebrity fitness motivator
- 4. Three-toed sloths 5. Canadian magazine about Hollywood
- 6. Actress Ms. Kurylenko
- 7. The __ Diet ('Caveman' diet) 8. Boxing stat.
- 9. Occupational suffix 10. Mr. Glover 11. Bird in Disney's
- animation of Peter and the Wolf

- 12. Physics Class: Particular particle 13. Dainty denial
- 19. Eight: Spanish
- 22. "Notorious" (1946) setting
- 25. Cocktails, Mai 27. Depart the Web:
- 2 wds. 28. " next!" (Performer's exclamation)
- 29. Coke containers 30. Division
- 31. New York ___, Mark Messier, once
- 35. '70s record label 36. Telephone mes-
- sage: 2 wds. 37. Janis' comics
- co-star
- 38. Scottish miss 40. Prefix to 'matic'
- 41. Shell
- 43. Topsy-turvy 44. Canadian ballet
- legend Veronica 45. Nightstand item
- 47. Classic lettered
- movie studio 48. Tomato
- 49. Old Jennifer Garner series
- 50. Singer LeAnn
- 51. Supply weapons
- 55. Specialized doctors, e.g.
- 57. Stand 58. "Renegade"
- rockers
- 60. Prefix meaning 'Outer'
- 61. My own, in Latin 63. Tribulation



See today's answers at metronews.ca/answers



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

4	5	7	6	3	1	9	2	
1	3	6	9	В	2	7	4	
9	8	2	7	5	4	1	3	į
8	7	1	2	6	3	5	9	
3	6	9	5	4	7	2	8	
5	2	4	1	9	8.	3	В	
7	9	3	8	1	6	4	ñ	
6	1	5	4	2	9	8	7	
2	4	8	3	7	5	6	1	Ī

1						5	2		I
	4	2			1				
		5			9	3			
8				6			7		
	5	7				4	1		
	1			7				5	
		3	7			2			
			3			7	6		
	9	8						3	

Skilled Workers are in Demand!

It's time to get into college

HEALTHCARE • BUSINESS • TECHNOLOGY • LEGAL • ACCOUNTING



www.academyoflearning.ab.ca

HEALTH CARE AIDE CLASS STARTING ON OCTOBER 6

Register at the Edmonton Downtown Campus

Financial Assistance available to qualified applicants.

CENTRAL (780) 424-1144 **SOUTH** (780) 433-7284 **WEST** (780) 396-9428

